**Discussion GUIDE: Nursing Careers**

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| **TEACHER DISCUSSION LEADERS:**  1. Lead a class discussion about Nursing careers using the Proposed Student  Discussion Questions and Prompts.  2. Discuss which high school CTE courses help students get ready for a  career in Nursing.  3. Key introductory Nursing concepts include: a) Types of Nurses,  b) Clinicals, and c) Diet and Health Standards.  4. Find additional Nursing resources on the TREES website at  <https://www.cteintrees.org/career-exploration-resources>. | **STUDENT OPTIONS:**  1. Take the Career Assessment in the *TREES Career Guide for Students*. Then,  review Nursing job titles on pages 24 and 25.  2. Take the *True Colors Personality Quiz* at  <https://www.ira.esc14.net/upload/page/0255/True%20Colors.pdf>.  3. Watch a 2-minute *Day in the Life of a NICU Nurse* video at  <https://www.youtube.com/watch?v=W80IWGF_0vU> and /or a  3-minute *Career Profile: Nurse Anesthetist* video at  https://www.youtube.com/watch?v=AygysDUSMfk and/or a 12-minute  video of a *Day in the Life of an Anesthesia Nurse* at  <https://www.youtube.com/watch?v=P5J-AJ-uDyo>.  4. Do your own research about Nursing to learn more.  5. Participate in a class discussion. |

Proposed Student Questions and Prompts

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| Q1a. What do people in Nursing careers do? Which jobs in Nursing (page 24 of the *Career Guide for Students*) are most interesting to you? Characteristics of Nursing professionals include:  ***Helpers*** offer their services or resources to another. ***Thinkers*** solve problems, make decisions and organize tasks.  Q1b. What strengths did *True Colors* identify about you? | **In a Nursing career** you may work for a hospital, doctor’s office, nursing home, or a private company. You may choose to work with adults, young children, or babies. You may help a person with their diet and health, monitor patients while in hospital, or assist a doctor in an operating room. You may become a Home Health Aide, a School Nurse, or a Public Health Officer.  What skills might you need to improve to be successful in a Nursing career? Skills are the ability to do something well. (For example: physical, emotional, and mental health knowledge and working with children–NICU or pediatrics.) |
| Q2. What did you learn from the *NICU* and *Anesthesia Nursing* videos? | What skills do NICU and Anesthesia nurses have? Which of those skills do you already have? What skills might you need to improve? (For example: communication, science knowledge, etc.) |
| Q3. Do you know someone who works in the Nursing industry such as an  CNA, LPN, NICU Nurse, Nurse Anesthetist, Nutritionist, Physical  Therapist, Public Health Officer, Registered Nurse, etc.? | What do they do at work?  What high school courses would help you get started in a Nursing career? |
| Q4. What Nursing employers are in your local area? | *Silver Cross Hospital* is a local employer. Can you list 3 more employers?  1.  2.  3. |